



DATE: 10/4/2019

TO: Honorable Members of the Board of Supervisors

Jeffrey V. Smith, M.D., J.D., County Executive

FROM: René G. Santiago, Deputy County Executive/Director, SCVHHS

Toni Tullys, Director of Behavioral Health Services Department

SUBJECT: BHSD Involuntary and Treatment Beds

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René G. Santiago

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Toni Tullys

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At the request of Supervisor Chavez, the Behavioral Health Services Department (BHSD) is providing this off-agenda report on involuntary mental health treatment beds. In addition, the BHSD has included descriptions of treatment beds for mental health and substance use clients/consumers in response to informal requests for this information.

The Behavioral Health Treatment Facilities/Beds Table (Attached) describes four types of mental health treatment facilities that support individuals with the highest levels of need: Institutes of Mental Disease (IMD), Skilled Nursing Facilities (SNF), Psychiatric Health Facility (PHF) and Psychiatric Acute Care (PAC) hospitals. The Mental Health 24 Hour Care (24 Hour Care) clinical team determines the best fit for each individual and places them into treatment beds based on their clinical assessment, level of need and functional abilities. The length of stay varies by program. The Substance Use Residential Services are authorized by clinical Quality Improvement Coordinators, using the American Society of Addiction Medicine treatment criteria, which is the national standard and utilized for all placements. All clients/consumers in these treatment beds are assessed regularly by the clinical teams.

The BHSD also contracts with the State's Department of State Hospitals (DSH) for 47 treatment beds. These beds are used for consumers who are the most seriously mentally ill, conserved and require ongoing long term care. The 24 Hour Care team, along with the County's Public Guardian, participates in DSH admissions, case reviews and quality meetings usually 30 days after admission and 60 days ongoing. For the longer-term consumers, DSH, 24 Hour clinicians and the Public Guardian conduct quarterly case reviews. Of note, admitting new consumers to a state hospital bed is a lengthy process and often takes several months before a bed is available, requiring the Department to provide long-term IMD services for this population.

Attachment: BHSD Treatment Options.PDF

cc: Miguel Marquez, Chief Operating Officer
James R. Williams, County Counsel
Megan Doyle, Clerk of the Board
Chief Board Aides
Debbie Dills Thompson, OBA
Agenda Review Administrator

Behavioral Health Treatment Facilities (Beds)

IMDs (Institute of Mental Disease)	SNF (Skilled Nursing Facility)	PHF (Psychiatric Health Facility)	PAC (Psychiatric Acute Care)	SUTS Residential (Substance Use Treatment Facility)
<p>Involuntary and specialized treatment services with a goal of rehabilitation that focuses on maximizing client's level of functioning. IMDs are long term, psychiatric facilities that offer intensive psychiatric behavior interventions. The consumers in the IMDs must be on Lanterman-Petris-Short conservatorships.</p> <p>1.7th Avenue Center, LLC: 56 2.Crestwood San Jose: 60 3.Crestwood Sacramento: 0 4.Dycora Transitional Living: 51</p> <p>Average Length of Stay/Days 343 Total Contracted Beds 167</p>	<p>Homelike and therapeutic environment for clients who have medical and behavioral health challenges that require 24-hour skilled nursing care with registered nurses and other medical staff on site to provide nursing and psychiatric care.</p> <p>1.Crestwood Fremont Mowry: 5 2.Crestwood Fremont Stevenson: 4 3. Crestwood Modesto: 3 4. Crestwood Sacramento :0 5. Crestwood Stockton: 1 6. Crestwood Vallejo: 0 7. Helios Healthcare LLC: 34 8. Medical Hill: 16 9. Silicon Valley Post Acute: 6 10. Telecare- Garfield: 2</p> <p>Average Length of Stay/Days 1444 Total Contracted Beds 71</p>	<p>Involuntary inpatient facility that stabilizes and treats adults and older adults experiencing mental health crises, such as those who are suicidal, homicidal, or psychotic. Treatment involves a stay of at least 24 hours or longer. PHFs provide acute short-term treatment in a nonhospital setting and generally have more flexible facility and staffing requirements than do most Psychiatric Acute Care Hospitals.</p> <p>1. Crestwood San Jose PHF: 12</p> <p>Average Length of Stay/Days 11 Total Contracted Beds 12</p>	<p>Involuntary inpatient facility that strives to stabilize and treat adults and older adults experiencing mental health crises, such as those who are suicidal, homicidal, or psychotic. Treatment involves an overnight stay or longer. Psychiatric Acute Care Hospitals have higher staffing and regulatory requirements than PHF'S and must comply with patient rights regulations and the state's medical necessity requirements as set by Title 22.</p> <p>Barbara Arons (County Operated):40 1.Fremont Hospital- NA* 2.San Jose Behavioral- NA* 3.El Camino- NA* 4.Good Samaritan- NA* 5.Adventist Vallejo –NA* 6.Adventist St Helena – NA* 7.John Muir- NA*</p> <p>Average Length of Stay/Days 20 Total Contracted Beds N/A</p>	<p>Specialized treatment facility for clients with active substance use issues where they can receive services in a therapeutic environment. SUTS services are heavily group-based to build community and support and are based on the Integrated Dual Disorder Treatment (IDDT) curriculum, a SAMSHA Evidence-Based Practice.</p> <p>1. CADS:6 Beds 2. Horizon South: 30 Beds 3. Parisi House: 20 Beds 4. Pathway - ML: 48 Beds 5. Pathway – PH: 56 Beds 6. Telecare: 30 Beds</p> <p>Average Length of Stay Varies Total Contracted Beds 190</p>

*Individuals are placed into treatment facility beds based on their clinical assessment, level of need, and functional abilities. All treatment facilities (and their beds) are utilized by BHSD on an “as needed basis”.

**In addition to the above, there are 47 state hospital beds for the most seriously mentally ill and these are most often long-term placements.