

Better Health for All



Santa Clara Valley Health & Hospital System Administration
2325 Enborg Lane, Suite 220
San Jose, California 95128
Phone: (408) 885-4030
Fax: (408) 885-4051

DATE: November 7, 2018
TO: Honorable Members of the Board of Supervisors
Jeffrey V. Smith, M.D., J.D., County Executive
FROM: René G. Santiago, Deputy County Executive/Director, SCVHHS
Matthew Gerrior, Director of Custody Health Services
SUBJECT: Off-Agenda Report Back Regarding Inmates Suffering from Substance Abuse and Addiction

DocuSigned by:
Rene Santiago
A968A3B7E216400...

DocuSigned by:
Matthew Gerrior
539085BE7A9A4C6...

This report addresses general responses to the following referral:

On May 23, 2017 (Item #10), the Board of Supervisors directed Administration to provide an off-agenda report relating to the population of inmates upon intake who are suffering from substance abuse and addiction; how many of those incarcerated are in one of the various recovery programs provided through the jail system; and the jail's capacity for treating inmates with substance use disorders.

This report focuses on Custody Health Services' role relating to the identification and treatment of inmates diagnosed with substance use disorders (SUD) and is being submitted in conjunction with the Office of the Sheriff's report relating to the various recovery programs provided through the jail system and the jail's capacity for treating inmates with substance use disorders.

Identification of Inmates with SUD

Inmates diagnosed with SUD are identified either through an existing diagnosis made by another agency such as Santa Clara Valley Medical Center, through the intake booking screening assessments, or subsequent identification by a Custody Health provider.

On average, there are about 566 inmate patients each month who have had a substance use disorder diagnosis and have received treatment. This represents a 26% increase in treatment being received in the last six (6) months.

Treatment Program

The CHS clinical staff make a determination regarding whether an inmate requires treatment and/or referral to a SUD program based on a medical record review and assessment.

CHS offers medication assisted treatment (MAT) to patients who have opioid or alcohol use disorder. MAT consists of 30-day methadone taper program (which is being transformed into a methadone maintenance program with a target date before the end of the year); methadone induction and maintenance for pregnant inmates; injectable naltrexone (Vivitrol), offered to interested patients and administered within a week before release from jail; Suboxone (buprenorphine/naloxone), which is currently prescribed to treat opioid withdrawal.

Additionally, based on the assessment of a medical professional, those with active issues—such as those actively using substances, those with a current diagnosis of substance disorder, or those with reported withdrawal symptoms—may be started on standardized protocols to detect and target withdrawal symptoms and/or be referred to the Supportive Transitional Empowerment Program (STEP). For any inmate patient who demonstrates withdrawal symptoms, medication based interventions can be utilized if determined appropriate. Suboxone, Ativan and Librium are available as tapered substance replacements.

While undergoing the substance replacement treatment, the patient is monitored through Clinical Opiate Withdrawal Scale (COWS) and Clinical Institute Withdrawal Assessment (CIWA) protocols. In addition, adjunct medications are available to help manage withdrawal symptoms.

With regard to STEP, referrals can be made by any CHS clinical staff and Corrections staff who interact with inmates.

STEP is a transition program that offers incarcerated individuals with support and linkage to resources and services needed to successfully transition from in-custody settings back into the community. The goal of the program is to empower individuals with the skills and support to ensure successful re-entry into community living and avoid re-incarceration.

When fully staffed, STEP consists of a team of 10 substance use counselors (five assigned to Behavioral Health Teams and five at Elmwood), a clinical Lead, and a Program Director who have been contracted to provide in-custody and post-custody substance use treatment services. The STEP team provides inmates with substance use screening, treatment engagement, psycho-educational groups, and linkages to community services. STEP also offers *Living in Balance* and *Open to Change* curriculums each week. Individuals are eligible for STEP's transition services if they would benefit from its services, as described in more detail in the eligibility chart below. Any inmates,

regardless of whether they are eligible for the transition services, may attend the weekly groups facilitated by STEP clinicians.

Eligibility for Transition Services

Eligible	Not Eligible*
Inmates with a scheduled release date, or are expected to be released at an upcoming court appearance	Inmates without a scheduled release date, or a reasonable expectation of release at an upcoming court appearance
Inmates with a history of substance use, or are currently presenting signs or symptoms of substance use	Inmates not currently or previously diagnosed with substance use
Inmates with mild to moderate co-occurring mental health disorders who can effectively participate in community-based treatment	Inmates with severe co-occurring mental health disorders who are unable to effectively participate in community-based treatment
Inmates who do not have other treatment-related services available upon release	Inmates who are receiving other treatment-related services (e.g. Department 61, CASU or RCP Phase II)
Inmates who have expressed an interest in and/or are open to receiving substance use treatment services	<i>* Ineligible inmates are welcome to attend STEP groups which are facilitated weekly by STEP clinicians at Elmwood and Main Jail.</i>

Once released from Custody, those patients involved with the STEP program can access services through County Substance Use Treatment Services. The STEP program has 50 transitional housing unit beds that can serve 200 clients annually and 200 outpatient treatment slots can serve approximately 800 clients annually. The chart below shows the number of referrals, as well as

The number of individuals placed in treatment and recovery residences (RR) January through October 2018.

STEP Monthly Report (January through October 2018)

Program Totals	Main Jail	Elmwood	Month Totals		FY2018/19		Program Totals	
Referrals Received	Men: 2	Men: 9 Women: 12	Men: 11 Women: 12	23	Men: 69 Women: 68	137	Men: 492 Women: 342	834
Referrals Screened	Men: 2	Men: 7 Women: 12	Men: 9 Women: 12	21	Men: 73 Women: 61	136	Men: 382 Women: 269	651
Placed In Treatment	Men:	Men: Women:	Men: 10 Women: 3	13	Men: 36 Women: 16	52	Men: 143 Women: 87	230
Placed In RR	Men:	Men: Women:	Men: 9 Women: 5	14	Men: 40 Women: 17	43	Men: 162 Women: 99	261

** May include clients assessed for and successfully transitioned/placed in residential program.*

RR Bed Status**	Men	Women	Total	Notes
Current STEP	18	7	25	
Current Extensions	4	0	4	Included in Current

Referral Sources From Main Jail			
Referred By	Month Totals	FY2018/19	Program Totals
Behavioral Health		7	75
Rehabilitation Officer	2	8	59
Self/Groups		0	16
Sgt. Christian		0	3
Deputies		0	5
Main Jail Total	2	15	156

Referral Sources From Elmwood			
Referred By	Month Totals	FY2018/19	Program Totals
Behavioral Health	2	10	159
Rehabilitation Officer	17	104	414
Self/Groups	2	8	97
Capt. Mchugh		0	2
Judge Manley		0	2
Elmwood Total	21	122	674

Total Referrals	23	137	834
------------------------	-----------	------------	------------

cc: Miguel Marquez, Chief Operating Officer
 James R. Williams, County Counsel
 Megan Doyle, Clerk of the Board
 Chief Board Aides
 Mercedes Garcia, OBA
 Agenda Review Administrator